

I AM

IONIZATION ANALYSIS METHOD & NUTRITION

I AM is a simple, non-invasive method of analyzing the body chemistry. No blood is required. Ionization analysis gives us the ability to measure the cause and effect of applied nutrition. Ionization, as it relates to nutrition, is the process of breaking down food into useable life energy and then reconstructing that energy on our own frequency to form new cells.

We have learned to objectively measure and analyze this process. The information that such an analysis yields makes it mathematically possible to detect with remarkable accuracy the location and severity of the (energy loss) disease process. I AM has revolutionized the way we understand and treat disease.

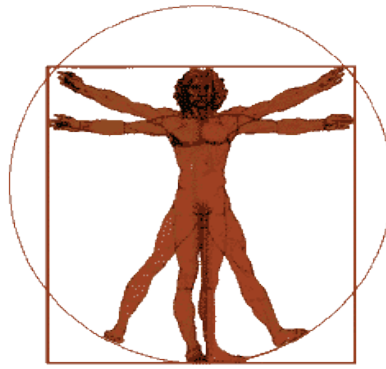
I AM identifies biological immunity factors, electro-magnetic stress patterns and bio-chemical profiles of an individual. By analyzing these various aspects we gain insight into who, what, where, when and why energy losses occur. This type of analysis takes the guessing out of the practice of health maintenance.

KNOW THE EQUATION

Mathematics is a universal language. Numbers can be used to describe objects in many different ways and on many different planes. The mathematical equation you see below represents perfect health from a balanced biochemical point of view.

$$CS + [1.5 \quad 6.4/6.4 \quad 6-7 \quad C \quad .04 \quad M \quad 3/3] = pH$$

Maintaining balance is the key to health, happiness, wealth and success in all areas of our lives. I AM is designed to restore energy and proper biological chemistry allowing the body to heal. Using the I AM, we are able to show you what physical, mental and emotional lifestyle changes are appropriate to bring balance back into your life. You will notice a difference in how you look and feel within a matter of days.



**Total Health
Encompasses the
Whole Man...Body,
Soul & Spirit**

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Get...The Closer to a
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I AM

Ionization Analysis Method

**Body
Soul
&
Spirit**

Make Truth
Your
Authority
~
Not Authority
Your
Truth



Perfect Health (pH) Systems

Dis-ease

Two Aspects One Cause

For any dis-ease, we believe there is a *physical* (body) aspect as well as a *metaphysical* (emotional, intellectual & spiritual) aspect. Wellness is expressed as balance between these two aspects. Dis-ease is expressed when this balance is interrupted.

The balance between these aspects of our being is maintained by energy. We are composed of energy fields which are electromagnetic in nature and function. These electromagnetic energy fields carry specific frequency and form specific patterns. A loss of energy results in changes to the frequency and form of these patterns.

A change in frequency and form results in various symptoms manifesting and affecting our core being (Spirit), thoughts, mind, intellect, emotions (Soul), and physical well-being (Body). Wellness in body, soul and spirit, can only be experienced if the cause of energy loss is removed and balance is restored. There is only ONE method whereby we are able to identify, remove the cause of dis-ease, and balance all aspects of our being, the physical and metaphysical - Ionization Analysis Method (I AM).

Soul Pattern

The Plan For Your Life

Soul: *The aspect of our spiritual reality that is the animating principle or actuating cause of an individual's life.*

Our Soul Pattern is the plan for our life. It is our destiny. It is the purpose for which we were born. It is the culmination of a genetic focus resulting from our genealogy and past experiences.

Our Soul Pattern is something we bring into this dimension with us. It is all about our strengths. It cannot be changed. It represents what our life could be like if we were free of all our emotional addictions. When we are not in touch with this aspect of our being our lives take on a different pattern — a Stress Pattern. Unfortunately, many people find themselves in this position.

Restore Frequency = Restore Form = Restore Function = Restore Integrity

Frequency = Form = Function = Integrity

Stress Pattern

The Plan Against Your Life

Stress Pattern: *An emotional energy pattern (frequency) that influenced you when you were young. It is created when your conscious mind internally resisted the people, places, circumstances and events that represented an energy opposed to your true nature (Soul Pattern) and how you innately wanted your life to be.*

These people, places, circumstances and events are still attracted to you today because the cells of your body have become addicted to the emotional "high" that comes from having this opposition in your life.

Each individual develops a Stress Pattern from the point of conception onward. Our Stress Pattern becomes who we are and our lives reflect this Stress Pattern. Stress Patterns CAN be changed, but only by ourselves. In order to change your Stress Pattern, you must first understand it.

Your Stress Pattern represents the plan AGAINST your life. It represents everything you don't like about your life. By understanding your Stress Pattern, it is possible to eliminate these negative emotional energy patterns. I AM assists you in changing these stress frequencies, empowering you to make decisions that will create the happiness, health, success and romance you desire from life.

Know Thyself

The process of understanding our Stress Pattern begins with I AM (Ionization Analysis Method), analyzing our body chemistry. Our chemistry reveals specific bio-chemical patterns and frequencies that identify who we are. The history of our being, including genetic factors, are recorded within the DNA of each cell and are reflected in our chemistry.

With the information obtained from our bio-chemical profile we gain insight into the who, what, where, when and why of our Stress Pattern. Receiving this divine wisdom results in a new understanding of life. This is not about doing - It is about knowing. It is what we don't know about our self, our life, and our purpose that is causing us to be unhappy and inefficient. Once we understand this information we become a creative, powerful and productive individual.

Stress = Radiation = Resistance = Energy Loss = Disease

I AM = Spirit + Soul + Mind + Body

Benefits of Living Your Soul Pattern

- We understand how we participate in creating our circumstances
- Our life takes on new meaning and direction
- We no longer create traumatic/ stress situations
- We end premature aging
- We celebrate abundance
- We connect with our purpose
- We enjoy the cellular experience of joy and grace in every moment
- We become open to giving and receiving
- We express our talents and gifts by integrating our strengths
- We experience clarity and courage to do what we most love to do
- We practice unconditional love and support
- We experience the natural flow of unconditional energy
- We learn to give up the need to personally control the details
- We learn to surrender personal will to the direction of Universal will
- We gain insight, becoming more physically, mentally and emotionally efficient
- We learn to trust the process!