

# Soul Pattern

## The Plan For Your Life

**Soul:** *An immaterial reality that contains and reflects the inner aspects of our self that cause us to think, feel, and act; faculties of thought, action and emotion; all that pertains to the personhood of an individual.*

In Hebrew, the word for soul is *nephesh* (pronounced NEH-fesh) meaning “a breathing creature”; it comes from the primary root *naphash* which means to breathe. In Genesis 2:7 we find the first use of the word *nephesh*:

*"And the Lord God formed man (body) of the dust of the ground, and breathed into his nostrils the breath (spirit) of life; and man became a living soul (nephesh).*

Commonly we identify with Body, Mind and Soul or Body, Mind and Spirit, however, a more accurate rendering would be: Body, Spirit and Soul.

Body *The Body is the seat of our world-consciousness.* In the body, our senses dwell. In the body we experience the reality of life on a physical dimension.

Spirit *The spirit is the seat of our God-consciousness.* In the spirit, our eternal essence dwells. Spirit is the Breath of Life. A very important factor taught by science, indicates photographs of the Spirit leaving the body of people as they passed into eternity. The images taken are distinctive and recognizable as that of a spirit leaving the body, ascending like a vapor or like a cloud upward into eternity – back to its source.

Soul *The Soul is the seat of our self-consciousness.* In the soul, self dwells. Our Souls consist of: Personality, Ego, Character, Affections, Will, Desire, Emotions, Intellect, Passion, Reason and Mind.

Our soul contains the [frequencies, micronage, mili-micronage and mili-mili-micronage](#) . It is from here the numerical equation representing who we are, multi-dimensionally - past, present and future - is generated. The soul corresponds with our mathematical identity, which we often refer to with the common expressions “when your number is up” or “I’ve got your number”. We all have a number that identifies who we are – our number is our identity.

Your soul is the essence of who you are as a person. It is the human being within the body. It is special and unique. The soul includes the mind, will and emotions. It is the seat of personality. Just as there are no two snowflakes alike, there are no two souls alike.

Our Soul Pattern reveals the plan for our life, our destiny, and the purpose for which we were born. It is the culmination of a genetic focus resulting from our genealogy and past experiences.

Our Soul Pattern is something we bring into this dimension with us. It is all about our strengths. It represents what our life could be like if we were free of all our emotional addictions. Benefits of living our Soul Pattern include:

## BENEFITS OF LIVING OUR SOUL PATTERN

- We understand how we participate in creating our circumstances
- Our life takes on new meaning and direction
- We no longer create traumatic/stress situations
- We end premature aging
- We celebrate abundance
- We connect with our purpose
- We enjoy the cellular experience of joy and grace in every moment
- We become open to giving and receiving
- We express our talents and gifts by integrating our strengths
- We experience clarity and courage to do what we most love to do
- We practice unconditional love and support
- We experience the natural flow of unconditional energy
- We learn to give up the need to personally control the details
- We learn to surrender personal will to the direction of Universal Will
- We learn to trust the process

When we are not in touch with the Soul aspect of our being, our lives take on a different pattern — a Stress Pattern. Unfortunately, many people find themselves in this position. Each of us has a Stress Pattern influenced by people, places, circumstances and events, which prevent us from experiencing the health, happiness, wealth and romance we desire. Using the BIA, find out what yours is, what it looks like and what you can do about it.

We are committed to providing you with the best resources and information necessary to live a long and healthy life. Begin living a life free of degenerative disease, free of chronic pain, and free of prescription drugs. Outstanding mental function, emotional health, physical stamina and optimism can be yours. Perfect Health is just a phone call away.

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